

Qualifications, Memberships & Publications

Dr Christa Maynard, PhD(med)

Cert. N ringsterapeut / Nutritional Therapist

Naturl kare (SNLF)

Cert. Neurolinguistic Programming (NLP) Practitioner

PhD Medicine

BSc(Hons) Biochemistry

BAppSc Chemistry & Biochemistry

Yoga Alliance Certified Yoga Teacher

mNMTF, mBANT, mSNLF, mNutritionist

Utbildning/Education

Nutritional Therapy Practice Diploma, CNELM, UK

PG.Dip. Personalised Nutrition, Middlesex University, UK

Neuro Linguistic Programming Practitioner Certification, UK College of Professional Development.

200-hour Yoga Alliance Certified Teacher Training, Yogayama, Stockholm

PhD, Medicine, University of Melbourne, Australia.

Thesis: '*Metals, Oxidative Stress and Alzheimer's Disease*'

BSc(Honours) Biochemistry University of Melbourne, Australia

BAppSc Chemistry/Biochemistry, Swinbourne University of Technology, Australia

Professional memberships:

I am registered with **BANT** and **NMTF** professional bodies for nutritional therapists in the UK and Sweden respectively. Nutritional Therapy is a regulated practice in the UK, and BANT membership requires adherence to standards for education and practice in alignment with the CNHC (Complementary & Natural and Healthcare Council). I am also a member of **SNLF** (Svenska Naturl karf rbundet), **Naturvetarna** and **Nutritionistf rening**.
<https://bant.org.uk>, <http://nmtf.se>, www.snlf.se, <https://www.naturvetarna.se>.

Scientific publications:

Review article:

<https://www.ncbi.nlm.nih.gov/pubmed/15910549>

Original papers:

<https://www.ncbi.nlm.nih.gov/pubmed/19666572>

<https://www.ncbi.nlm.nih.gov/pubmed/19381799>

<https://www.ncbi.nlm.nih.gov/pubmed/16574231>

<https://www.ncbi.nlm.nih.gov/pubmed/12215434>

<https://www.ncbi.nlm.nih.gov/pubmed/18826962>

<https://www.ncbi.nlm.nih.gov/pubmed/20220001>

<https://www.ncbi.nlm.nih.gov/pubmed/20220001>

<https://www.ncbi.nlm.nih.gov/pubmed/21143716>

HEALTH in BALANCE *by Christa* AB

<https://www.ncbi.nlm.nih.gov/pubmed/10349858>

<https://www.ncbi.nlm>

