

Christa Maynard, PhD

Cert. N ringsterapeut,

Cert. Neurolinguistic Programming (NLP) Practitioner

PhD Medicine

BSc(Hons) Biochemistry

BAppSc Chemistry & Biochemistry

Yoga Alliance Certified Yoga Teacher

mNMTF, mBANT

Utbildning/Education

Nutritional Therapy Practice Diploma, CNELM, UK

PG.Dip. Personalised Nutrition, Middlesex University, UK

Neuro Linguistic Programming Practitioner Certification, UK College of Professional Development.

200-hour Yoga Alliance Certified Teacher Training, Yogayama, Stockholm

PhD, Medicine, University of Melbourne, Australia.

Thesis: '*Metals, Oxidative Stress and Alzheimer's Disease*'

BSc(Honours) Biochemistry University of Melbourne, Australia

BAppSc Chemistry/Biochemistry, Swinbourne University of Technology, Australia

Professional memberships:

I am registered with **BANT** and **NMTF** professional bodies for nutritional therapists in the UK and Sweden respectively. Nutritional Therapy is a regulated practice in the UK, and BANT membership requires adherence to standards for education and practice in alignment with the CNHC (Complementary & Natural and Healthcare Council).

<https://bant.org.uk>

<http://nmtf.se>